

Long Lost Love Regained

By Ulrich Kramer

Ingrid feels disoriented in life, like she ought to get going on something and didn't quite know on what. In particular she can't let go of the love of her life. She met him and loved him when she was 12 years old, and it lasted until she was 16, and then life tore them apart. Now, at the time of the session, she is 39 years old, has a nearly grown-up son by another man (whom she isn't married to and is separated from), and her love to her child lover is still with her. His name is Manfred, he lives in Norway. They have had contact off and on throughout the years, yet this was discontinued by her as she didn't wish to disturb his married life which started ten years ago.

She lives in a continuous state of loss. No other relationship makes sense to her which is yet another facet of her general state of disorientation.

Exploring the background of this unwanted state in our session we soon hit upon an incident set in an astral world when she was an angel-like being. She felt called upon to do good, to help, she made her way to Earth but got sidetracked by evil forces, was traumatized and left in a state of unawareness and unconsciousness. Having forgotten who she was and what she had come for she incarnated in Italy. At the age of 3 she drowned in the sea, and a short while after found herself in her present body in Germany.

That remote astral world Ingrid recognizes as her spiritual home, as her point of origin, and also there she sees Manfred as her companion. He too is an angelic being, he too set out to do good and to help. They left at the same time. Yet their togetherness was disrupted by her being lured away by the evil forces mentioned above.

Miraculously they meet again in this life. And strangely enough, he is three years older than she.

The greater part of the session, roughly three hours, is spent working through Ingrid's traumatization through astral forces. She comes to understand how her unawareness and disorientation were started then, and how this turned into a life-governing pattern. She is relieved and satisfied with this result, she sees a possibility of change. Because in retrospect she has happily discovered how the purpose to help in the social field has been running through her life, and that this would deserve strengthening.

To finish off we have yet another look at her relationship with Manfred. She serenely realizes that this spiritual togetherness of old will remain with her forever, that it cannot be broken, that it is a fact of her life and has to be respected as such.

Right at the end of this last part of about one hour, there is a brief telepathic contact with Manfred. For a few minutes the two are "online" with each other. Ingrid tearfully realizes that he is just as unaware of his personal origin and purpose as she herself once was. She encourages him to "find his truth". She feels strong enough to respect him for who he is at the present moment, and to let go of him instead of further nursing a fruitless desire.

Half a year after the session I hear from Ingrid that Manfred has contacted her on his own volition. He has left his family in a good way and has come to stay with her in Germany.

One year later the two got married.