

## Lovers online by Telepathy

By Ulrich Kramer

This is a session report by Beate, a MindWalking session guide. (In MindWalking the terms “session guide” and “session partner” are used instead of “therapist” and “client”.) Beate says:

“Two years ago I had Maria as my session partner, a 25-year old student. She described an incident in a castle of the middle ages when she suffered a severe loss through the death of a person who was very dear to her. She also saw her present friend Stefan in that incident.

At the time of the session Stefan was sitting in his car. He lived in a city 600 km away from Maria and was on his way to meet her over the weekend.

In the evening after the session Maria called me on the phone and told me what Stefan had experienced during his trip to her.

During his long drive of some seven hours, and whilst Maria was having her session with me, Stefan was thinking intensely of her. Suddenly and unexpectedly he started seeing mental images. On arriving at Maria’s place he described them to her in great detail. It was the very castle Maria herself had seen in her session of that day. His images had appeared at the same time as hers.

Stefan had also received the somatic and emotional sensations of Maria. He had felt sadness, a strong feeling of loss, he was shivering and had a stomach pain. Quite obviously he had been logged in to her telepathically. It seemed that emotions and sensations he had felt were not his own but those of Maria.

Before this account Maria had not said a single word to Stefan about the session she had received that day. Naturally she was very surprised to hear him tell her own story to her.

As an explanation they thought that due to their very close relationship the occasional telepathic connection should be quite possible.

But the story went further. Recently, i. e. two years after the session with Maria, I had Stefan as a session partner. He was stuck in a life crisis and also things didn’t go too well between Maria and him.

The causative incident we found was the same as that of Maria two years earlier, but told from the viewpoint of Stefan. He had then been her son. His mother, the Maria of today, died whilst giving birth to him. In her despair she promised her son to never leave him alone and always look after him.

The incident contained a lot of violence and brutality. Stefan re-lived it all with considerable intensity. Yet in the middle of all this, during the session, he suddenly started thinking with great concern of Maria and worried about her. And for a good reason! Because, as he told me on the phone that same evening, she hadn’t felt well at all during his session. She had had the very feelings of loss and pain Stefan had felt whilst sitting in front of me as my session partner. Her description of the mental imagery she saw whilst at home was an almost perfect match to what Stefan had told me some hours earlier in his session. Yet apart from Stefan only I as his session guide could possibly know this. He had made it a point not to tell Maria anything about the content of his session.” (Note: In MindWalking, session partners are generally admonished not to talk about the content of their session so as to protect themselves and others.)

“The congruence between Stefan’s and Maria’s memory images was quite baffling. Despite some differences between the two accounts the key scenes of loss and violence were identical, and both could clearly see how they had become emotionally tied up with each other through this incident. Their intense feelings for each other as well as a whole load of difficulties they had encountered in their relationship suddenly found an explanation.

Now that these hidden and compulsive components were removed from their relationship they felt like starting afresh on a higher level, and began making plans for the future.”